



# SANCTUARY

St. Alban's Episcopal Church

Vol. 6 No. 4 - August 2009

Elberton, Georgia

## RECTOR'S MESSAGE

*Peace & grace to you, sisters and brothers.*

My favorite hymn is Bread of Life. It has probably been around for many years but only to my ears in the past five years. It makes life feel holy to me.

The lectionary readings recently have been centered around the Holy Eucharist, or Communion, or the Lord's Supper, or Mass. In the Anglican community any of these expressions will work.

It seems strange to me that Jesus would have chosen the vehicle of bread and wine and calls it his body and blood. I know at least one person who believes, but will not receive communion because she thinks this sounds "gross." Actually it does, but maybe Jesus had a good reason for this. Maybe it was to get our attention and maybe this was a way to do it.

Jesus did lots of things that are contrary to what we have been accustomed to believing. Eating flesh and drinking wine have to be up there on the list. The Eucharist is our central way of worshipping. Every other method can be done alone.

continued on page 2

## *Prayers & Sympathy:*

Prayers for health and healing:

- Marcia Jenkins has made great progress in healing. Continue to keep her in your hearts and prayers.
- Mary's son Matthew Randall was hospitalized in July, disabled by a stroke. He is home and healing, and will be in physical therapy for a year.
- Pray for our special people in the Military: including Andrew, Michael, and others in our hearts.

## TAKING NOTE

- August 2, 9, 16 and 23 Worship at 9 am followed by Coffee Hour.
- August 10 Vestry Meeting at 6pm
- Bible Study on Mondays at Noon. Check the bulletin for details.
- August 30th Joint Worship with Church of the Mediator at St. Alban's with luncheon to follow. Worship at 10:00 am.
- September 6, 13, 20 and 27 Worship at 9 am followed by Coffee Hour.
- September 14 Vestry Meeting at 6pm.
- October 10th Blessing of the Animals

**BISHOP'S VISIT AT  
ST. ALBAN'S ON  
NOV. 15TH**

*Bless the Lord, O my soul, and all that is within me, bless his holy name. Psalm 103:1*



continued from page 1

Only the Eucharist is set for the community. It must not be done alone. Christianity is an interesting thing. It makes us take stock of the community and the world. We

can't insulate ourselves into a small safe cocoon. We are the bread of life. Through our celebration of Jesus' body and blood we share with others. Jesus' real presence is with us and with this knowl-

edge and nourishment in our hearts and bodies we must share with others.

Gracious Jesus, for your gift we are thankful.

Blessings,

**Denni +**

### *Elbert Memorial Hospital Fndn*

In keeping with our tradition of supporting outreach in our community, St. Alban's Episcopal church recently made a donation to the Elbert Memorial Hospital Foundation's "Renovate a Room" Campaign. The renovated hospital room will have a memorial plaque. This photo of Denni and Vestry celebrates the gift.



**St. Alban's Episcopal Church**  
109 Brookside Drive  
Elberton, GA 30635  
Tel: 706 283 4563 [stalbans@elberton.net](mailto:stalbans@elberton.net)  
[www.stalbans-elberton.org](http://www.stalbans-elberton.org)